

Ep #46: Understanding Divine Timing



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With Your Host

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Welcome to *The Life Coach Business Podcast*, a show for coaches who are ready to up-level their business and take their impact, leadership, and results to a whole new level. If you're ready to start taking powerful action and become the leader your business needs in order to grow and thrive, this show is for you. I'm your host, Amanda Karlstad, Certified Life and Business Coach, and entrepreneurial leadership expert. Now, let's get down to business.

Hello and welcome, everyone. So glad to have you here today. I hope you are all doing well. I am doing amazing. I want to tell you that we are about to head up to the lake for a long weekend. As most of you know, I live here in Minnesota, so we are still in summer.

And so for us, land of 10,000 lakes, it's all about the lake in the summer. So we're headed up north to a beautiful, beautiful resort in the woods. And we're going to have a long weekend there. And as I was preparing and thinking about my podcast today and what I wanted to share with you, I started thinking about timing.

And I started thinking about how perfect it was that just in this moment right now as a family, we're about to head out here on this long weekend, the kids are super excited about it, and to give you a little bit of context, we had originally planned about four different trips this year as a family.

So obviously with COVID, those were postponed or canceled, and so we've been a little disappointed about that, but we're really looking forward to having this weekend and being outdoors and being on the lake and just enjoying a long weekend.

But today, as I was putting some things together for our trip and just kind of finalizing some packing things, it just popped in my mind and I started thinking about how perfect timing really always is in the moment. So that's the message that I really want to offer to you all today is how our timing,

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even though it might feel like it's not the right timing in the moment, it always is working for us.

And so I wanted to share a little bit of the background on all of this with you and what I mean by this because I think it's really powerful. And so as many of you know, for those of you especially who are regular listeners to my show, you're familiar with my work or you're a client, you know that I work with clients in a couple of different capacities.

And for those of you that might be new here, first off, welcome. But let me explain a little bit about how I do work with my clients in my practice. So one way that I work with my clients is through my foundational group coaching program, which is called The Mastermind.

And so this is the program that I really believe and have really developed to change everything for my clients, which is why I've called it The Mastermind. Because to me, it's really the program that has the potential to change the entire trajectory of your business, both from the inside out.

So when I say this, I'm talking about the mindset and the internal strategy and the internal shifts that are required when you're building a six, multiple six, and even seven-figure business. But I also teach a lot of strategy in this program and it encompasses the external strategy and the things that are really important for you to know as you're building a solid foundation in your business so that you can grow it to whether it's a six, a multi-six, and even seven-figure level.

And I'm really passionate about teaching both and helping my clients with both in this program because in my own experience and in the experience of every coach that I've worked with, every entrepreneur I've worked with, and really what I observe in the industry is that it really requires both.

And to me, it's important that I support my clients in not only cultivating the mindset they need to build a business to that level, but also then back it up with the strategies and the systems and the actual parts that they're going

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to need to put together essentially in order to elevate their business and grow their brand.

The other way that I work with clients is through my high-level mentorship program, which is called The Million Dollar Mastermind. And so this is my high-level mastermind program that I offer for clients who are scaling into multiple six figures and beyond. And so the work we do in this program is focused on that. It's focused on scaling, how to take the business from where it's at and start implementing the things that are required to scale, which is again, not only the external strategies but it's even more so cultivating that even higher level of mindset.

It's about fully stepping into that CEO role, that CEO mindset so that you can lead your business and create those levels of results. And so I share this with you not only because I do get a lot of questions about how I work with clients and I want to be clear about that, but I'm also sharing this because it's relevant to the message that I'm giving you today.

Because when I decided to start my coaching practice and I started to get clearer and clearer on my program and clearer and clearer on the type of coaching that I knew I was best positioned to do, I sat down and I created a vision for my business. And that vision that I created is the business that I have today.

And what's been so much fun recently is that I'm launching another group, another cohort of my mastermind, so I'm welcoming in a whole new group of amazing clients in the next week and they're all just amazing, amazing women who are going to do just fantastic, tremendous, amazing things.

And I'm also launching my brand-new founding member group of my Million Dollar Mastermind. So we're actually about to have our first call and I was thinking about all of the amazing clients that I have, and I mean really, really amazing clients.

And I started thinking about what divine timing this has all been. And I started thinking about how divine it's really been that not only am I able to

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launch my Million Dollar Mastermind as well as welcome in a whole new group of clients, not to mention the clients that I'm already working with and all of them are just so on fire and I'm so excited for this group and for everything they're about to create and all the success that lies ahead for them.

And it just hit me how perfectly timed all of this really is. So here we are, wrapping up summer, starting to think about fall, prepping for a long family weekend, and I just had to stop for a moment and just appreciate in the moment what is happening.

And so I will share that. There's been a lot of waves of gratitude and appreciation that have been over me over these last few days as I've been thinking about these two programs. And already working with these amazing, amazing clients, and I get to work with them on a daily basis and it's so fun to help them step into those next levels of themselves and take these quantum leaps in their businesses, and ultimately bring their life and the visions they have for their own businesses to life.

And I just wanted to share that I have so much deep gratitude and appreciation in this moment for being able to literally kick off with both of these groups within a matter of days and head up north for a long relaxing weekend and just the sense of peace that's there. The sense of peace about everything that's happening in just divine time.

And so what I want to offer and share with you today is this, is that everything, and I believe everything happens in divine time, even when we don't see it. And I say this because for the past several months, I've been laying the groundwork for what has been happening today in my business.

And every day since I've started my business, I've been visualizing and thinking about and working towards supporting clients in this way. And it's been a lot of work. It's required an entire identity shift of myself it's required daily self-coaching and self-direction and self-leadership, and it required me to level up and grow in ways that I could have never anticipated.

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But today as I'm recording this message to you and I'm about to head out with the family, I'm filled with so much gratitude for doing the work, for doing the hard work. Being willing to feel the whole range of emotions, choosing to stay focused on my vision for the movement that's already happening.

And being able to thank my past self for creating that big vision, for going for it, for investing in the ways that I've invested, and for now being at a point where I've created the exact programs I had in mind when I started my business. And the best part of all of this is the amazing, amazing clients that I get to work with through this process and to see them take things to whole new levels in their businesses. It's really, really a great moment for me.

And I want to encourage all of you no matter where you are in your journey right now, I want to encourage you to look for the divine timing here and really appreciate the moment you're in. And also, keep locked in on that big vision. Think about the future you want to create. And then have peace and knowing.

This is the surrender part we talk about. Because whatever your experience is in this moment, it's meant for you right now. And remember that it's always for you and remember that you can create anything you want to create in your business. Literally, you can create anything you want.

And you do that by what it is you're holding in your mind. You do that by what it is you're putting your energy towards. You will do that by the faith that you have in the possibility of it being able to happen for you and you'll also do this by the work that you put in, by taking the massive action that is required in order to bring your dreams to life.

But I promise that it will be so worth it. I promise you'll be thanking your past self. Have an amazing week, I'll talk to you all again very soon. Take care. Bye-bye.

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Hey, if you're ready for a real breakthrough in your business and want to grow and scale your business to at least six figures or more in annual revenue, I invite you to apply for my exclusive program The Mastermind at amandakarlstadcoaching.com/the-mastermind. I look forward to seeing you there.

Thank you for listening to this episode of *The Life Coach Business Podcast*. If you want to learn more about how to build, grow and scale your business and accelerate your results, visit amandakarlstadcoaching.com.